

UNDERSTANDING FLEXIBLE BENEFITS

Flexible Benefits started when Congress passed Section 125 of the Internal Revenue Code in 1978. Section 125 allows certain qualified expenses, estimated for a given year, to be deducted directly from your paycheck and claimed for reimbursement when used. These deductions are taken before taxes, therefore, reducing your taxable income.

Example: Mary is single with three children and Mary earns \$3,000 per month. She pays \$125 a month in childcare expenses and \$25 a month for prescriptions. The calculations below show how much Mary will save by participating in the Flexible Benefit Plan her company offers.

WITH FLEX	IBLE BENEFITS	WITHOUT FLE	XIBLE BENEFITS
\$3,000.00	Income	\$3,000.00	Income
<u>-150.00</u>	Expenses	-332.00	Federal Tax
\$2,850.00	Taxable Income	-90.00	State Tax
-295.00	Federal Tax	-229.50	SocSec/Medicare
-85.55	State Tax	\$2,348.50	Net Income
-218.02	SocSec/Medicare	-150.00	Expenses
\$2,251.43	Mary's Income	\$2,198.50	Mary's Income
MARY WILL SAVE \$52.94 EACH MONTH AND \$635.15 A YEAR BY PARTICIPATING			

DEPENDENT CARE REIMBURSEMENT

Dependent Care Reimbursement enables you to deduct childcare (day care) or elder care expenses up to \$5,000 a year per family or \$2,500 if married filing separate, before taxes. A claim is then filed to receive reimbursement for the expense(s). **Eligible Expenses include** charges for before and after school programs, babysitting, day care, summer camps, and elder care.

The following rules apply:

• You must substantiate the expense with a receipt showing the date(s) of service, amount charged, and the provider's name and

federal identification or social security number.

- A dependent must be under age 13 or disabled at any age
- The service(s) must be provided while you and your spouse work, or attend school.
- Expenses cannot exceed the lower income of either spouse.
- If using a day care center, it must be licensed.
- Baby-sitting services provided by a dependent relative under the age 19 are not eligible
- Overnight camps are not eligible

HEALTH CARE REIMBURSEMENT

Health Care Reimbursement enables you to deduct medical, dental, and vision expenses up to the maximum annual amount set by your employer, before taxes. A claim is then filed to receive reimbursements for the expense(s). **Eligible Expenses include** (but are not limited to) charges for medical, dental, or vision office visits, prescription drugs, over-the-counter drugs purchased to treat a medical condition, (see updated restrictions effective 01/01/11), x-rays, labs, orthodontia, teeth cleanings, bridges, crowns, eye exams, glasses, contacts, lasik eye surgery, ambulance and emergency room fees, diabetic supplies, dust-free products, alcohol and drug treatment centers, smoking cessation programs, and weight loss programs for obesity.

The following are some (but not all) items that are not eligible:

- Bleaching/whitening of teeth
- Cosmetic procedures/surgery
- Exercise equipment
- Vitamins



PROCEDURES & SERVICES

- All expenses need to be estimated for the Plan Year. Please be conservative when estimating. Any funds left in the account will be forfeited at the end of the grace period for the Plan Year.
- At the beginning of each new Plan Year, you will be given the opportunity to elect if you would like to participate, dropout, or change your election.
- Your election cannot be changed mid-plan year unless there is a change in your family status that is a qualifying event. The following are qualified events: marriage, divorce, birth or adoption, death, or a change in you or your spouse's employment. All changes must be consistent with your new election choice and must be made within 30 days of the qualifying event. To discuss a specific event, please contact Customer Service.
- As the contribution you elected is deducted from each of your paychecks it is recorded in your Health Care and/or Dependent Care Reimbursement Account(s).
- To receive the funds from these accounts, you must complete the online claim form. In order to use the online claim form; you must first be registered on www.myrsc.com. Included in your enrollment packet, you will find Online Registration Instructions that will help you through the process of setting up an account. Once you register for your online account not only will you be able to enter your claim, but you will also be able to view claims that have been submitted, view your account balance, as well as view a list of eligible/non-eligible expenses that are available through the Flexible Benefit Plan.
- After registration you will need to click on "online claims entry" on the right hand side of the screen. Once you have filled out your claim accordingly, simply print the form and fax or scan and upload it to Sheakley along with documentation or upload the receipts online. Documentation must include the following, Date of Service, Type of Service, and the amount you are responsible to pay (proof of payment is not required). You may also submit your claim all online by simply uploading the corresponding receipts.
- All claims must be for services incurred during your coverage period of the Plan Year. Incurred is defined as the date in which services are provided. Coverage period is defined as the first of the month in which your first contribution is deducted and the last day of the month in which your last contribution is deducted.
- In the event you terminate employment, the end of the month in which you last contributed to the Plan becomes your termination date. Services performed after your termination dates are not eligible for reimbursement.
- Once the claim is reviewed and approved, a reimbursement will be sent directly to your home address or direct deposited to your checking or savings account (if applicable). Claims received by 5:00 p.m. Eastern Time on Mondays are payable the following Wednesday. Claims received by 5:00 p.m. Eastern Time on Wednesdays are payable the following Friday. Please allow 3-5 business days for direct deposits to be in your account.
- Be sure to notify Customer Service of a change in address by updating it on your claim form or completing and sending in an employee change form. Direct deposit can be updated by obtaining a ACH form from the website or by customer service. This form can be sent to customer service by fax with your claim or by including it in your uploaded claim.
- Access to your account information is available on the Internet at www.sheakley.com/participant-center.asp 24 hours, 7 days a week. To access your account, follow the site to the "Participant Center" and click on "MyRSC Login". For security purposes, you must register first by entering your Social Security Number as your "Login ID" to be able to establish your permanent "Login ID" and "Password". The website information is updated daily. You will also receive a statement balance report 60 days prior to the end of the Plan Year reminding you of any remaining funds in your account and the deadline to submit claims.
- For specific information regarding your plan, the grace period, health care annual limit, plan year, Direct Deposit and more, please refer to your Summary Plan Description or contact Customer Service.

CUSTOMER SERVICE

Customer Service representatives are available to assist you from 8:00 a.m. to 5:00p.m. Eastern Time Monday through Friday, except on holidays. Customer Service can assist you with determining if a certain expense is eligible for reimbursement, if a certain change in your family status is considered a qualifying event, and much more.

Sheakley / Flexible Benefits Division One Sheakley Way / Cincinnati, OH 45242 Phone: (800) 877-6630 or (513) 326-4675 Fax: (513) 326-8082Email: www.sheakley.com



ELIGIBLE & NON-ELIGIBLE EXPENSES

To substantiate the expenses you will need to submit documentation that clearly shows the type of service, date of service, and the amount you are responsible to pay, along with a completed claim form. For over-the-counter items, a cash register receipt with the product name listed is required.

The following lists are expenses that will be covered and expenses that will not be covered.

COVERED ITEMS

Acupuncture *Air Filters

Alcoholism/Drug Abuse treatment Braille books/magazines

*Breast Reduction/Reconstruction

Car hand controls Childbirth classes Chiropractic

Christian Science Practitioners

Coinsurance amounts Contact Lenses & solutions

Co-payments Crutches Deductibles Dental treatments Eyeglasses

Fertility treatments Orthodontia
Foreign Country medical expenses Orthopedic shoes
Guide dogs/expenses Osteopathic expenses

Hearing Aids *Over-the-counter items (see below)

Optometrist fees

Hospital co-pays/expenses Prescription medications

Human Guide expenses PRK/Lasik
*Impotence Treatment Psychologist fees
Laboratory fees Radial Keratotomy

Lasik Eye Surgery Smoking Cessation programs

*Massage Sterilization

*Mattresses Sunglasses (prescriptions)

*Mileage for Medical Travel Vision Care

Office visit co-pays Wheelchair equipment/expenses

<u>This is not a complete list.</u> If you have any questions regarding a specific type of expense that is not listed, or questions about items that are listed, please contact Sheakley Flexible Benefits Division toll-free at 800-877-6630 or e-mail to 125@sheakley.com.

<u>Items marked with an * are only eligible if they are submitted with a written prescription from a medical doctor (MD) stating they are medically necessary and being used to treat a specific medical condition.</u>

OVER-THE-COUNTER MEDICINES

Effective 01/01/2011, the Following Over-The-Counter Medicines Require a Prescription from a Doctor

Allergy medicine Sunburn relief and sunscreens

Antacids

Anti-diarrhea medicine

Aspirin Bactine

Ben Gay or products for muscle or joint pain

Bug bite medications
Calamine lotion
Cold medicine
Cough drops
Cough syrups
Diaper rash ointment
First aid cream
Heartburn medicines
Hemorrhoidal cream

Hydrogen Peroxide

Heartburn/Acid Reflux/Antacids

Laxatives

Liquid adhesive for small cuts

Medicated shampoo Medicated soap

Lactose Intolerance Medicines

Laxatives

Menstrual Pain Medication Motion Sickness Medication Motion sickness pills Nasal sinus sprays Pain relievers Pedialyte Rubbing alcohol Sinus medications

Sleeping aids for occasional insomnia

Spermicidal foam Sunburn relief Suppositories

Wart Removal Medications

Weight Loss Drugs

Wrist/Ankle/Knee Supports

Vitamins

Visine or other eye products Yeast infection treatments

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OVER-THE-COUNTER ITEMS

The following over the counter items are not considered medicine, therefore a prescription from a doctor is not required

Thermometers

Bandages First aid kits Denture Adhesive Products

Blood pressure kit Gauze pads

Carpal tunnel wrist supports Incontinence supplies

Cold/hot packs for injuries Nasal strips

Condoms Nicotine gum or patches

Contact lens solution Ovulation kit
Diabetic Insulin Reading glasses

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ITEMS THAT ARE NOT COVERED

The following items are not considered to be medically necessary, therefore not reimbursable under the FSA plan.

Bleaching of teeth Drugs not approved in the US Weight Loss Food

Cosmetic ItemWhitening of teethChapstickCosmetic SurgeryMedicated Soaps ShampoosDeodorantDietary SupplementsToiletriesFace CreamsMoisturizersMouthwashToothpaste

Tooth Brushes (including electric)

<u>This is not a complete list.</u> If you have any questions regarding a specific type of expense that is not listed, or questions about items that are listed, please contact Sheakley Flexible Benefits Division toll-free at 800-877-6630 or e-mail to 125@sheakley.com.



Deadline for incurring services

In May 2005, the IRS ruled to allow more time for participants to incur expenses each year and reduce the chance for forfeitures. Your employer has elected to modify the flex plan to include this option. Workers who are unable to spend their funds prior to the end of the plan year, now have an extra 2 1/2 months, after plan year-end, to incur eligible expenses before being forced to forfeit unused funds. It is essential to understand that the use-it-or-lose-it rule still exists, but the extension greatly softens the blow by allowing you more time to use your unspent FSA balances. How it works: Let's say you miscalculate and wind up with a leftover FSA balance of \$500 on December 31, 2012. Under the new IRS guidelines, you have until March 15, 2013 to incur enough qualified expenses to use your \$500 balance. The 90 day grace period deadline will still end March 31st to turn in any expenses you want applied to the 2012 plan year.

Please be advised that claims submitted within the 90 day grace period, which were incurred in the first 2 ½ months following the end of the plan year, will be applied as follows: - Any unused funds from 2012 will be applied first for reimbursement of the claim. - Any 2013 funds will be applied to the claim, if the requested amount exceeds your leftover 2012 balance.

This gives you 14 1/2 months to recover 2012 FSA contributions and provides a much-needed margin for error when figuring out how much to contribute to your FSA each year.

Note: The 2 ½ month extension does not apply to terminated employees, or participants who terminate their coverage during the plan year due to a qualified event.



How Reimbursements Work

1. Reimbursements are Based on Service, Not Payment:

A big misconception is that if you pay for a service, then you are eligible for reimbursement. This is not true. Once a service is performed, regardless if payment has been made, you become eligible for reimbursement. There are pro's and con's to this rule.

PRO – Once services have been rendered; just send in the bill and Sheakley will send you reimbursement.

CON – Prepayment for services are ineligible for reimbursement until the service has taken place.

Please remember with regards to the above, the services must have been incurred while you had coverage. Additionally, the service would need to be for a plan year that is currently active.

2. Providing the Correct Documentation to Ensure Speedy Reimbursements:

To receive the funds from these accounts, you must complete the online claim form, In order to use the online claim form; you must first be registered on www.myrsc.com. Included in your enrollment packet, you will find Online Registration Instructions that will help you through the process of setting up an account. Once you register for your online account not only will you be able to enter your claim, but you will also be able to view claims that have been submitted, view your account balance, as well as view a list of eligible/non-eligible expenses that are available thru the Flexible Benefit Plan.

After registration you will need to click on "online claims entry" on the right hand side of the screen. Once you have filled out your claim accordingly, simply print the form and fax it to Sheakley or scan and upload your claim along with documentation. Documentation must include the following.

- **1. Date of Service** (Not the date of payment)
- **2. Type of Service** (Service performed)
- 3. Amount you are responsible to pay. (Proof of Payment is not required).

*** Please note: Sheakley only needs copies of your documentation. **PLEASE DO NOT SEND ORIGINALS** as you should retain them for your records.***



Direct Deposit

This option is a great way to receive your reimbursements quickly by having them deposited directly into your checking or savings account. There are a few things to remember with regards to Direct Deposit.

- 1. If you currently have Direct Deposit set up, there is no need to set it up again. Your information is carried over to each new plan year. Direct Deposit remains in effect until you send a letter requesting it be turned off. (Please do not send a copy of a voided check every time you send a claim.)
- **2.** In order to have Direct Deposit set up, you need to send a COPY of a voided check, or a letter from your bank, with your first clam form of the year.

*Please note: Direct Deposit CAN NOT BE SET UP if you send a deposit slip, or you hand write your information. We MUST receive a copy of a voided check, or a letter from your bank.



Dependent Care(What it is and how it Works)

Dependent Care allows participants to set aside pre-tax funds from their paycheck to pay for daycare and eldercare services. There are a few misconceptions on how this plan works, and how a participant is reimbursed for these expenses.

The Dependent Care Plan is for daycare expenses for children and certain care expenses for disabled dependents and elderly parents. (We recommend you consult a tax consultant regarding your eligibility for claiming disabled dependents or elderly parents.)

- 1. Day Care Expenses. There are specific rules and regulations when it comes to reimbursement for day care services. Day care expenses are covered until the child reaches the age of 13. Once the child reaches the age of 13, they are no longer eligible and the participant MUST cease participating in this plan.
- **2. Tuitions.** Tuition for **Pre-School IS COVERED**, as the government does not consider Pre-School to be educational. Since this plan is designed for care, and not education, once a child enters Kindergarten the only expenses that are reimbursable are before and after school programs that the child attends so that both parents may work, or attend school.
- **3. Babysitters.** These providers generally care for children of the employee in the employee's home and are not usually regulated. They can be grandparents or other relatives, friends, or neighbors. However, payments are not reimbursable if the babysitter is the employee's child or stepchild who is under age 19, or if the babysitter is a dependent for whom the employee or spouse can claim an exemption on Form 1040. **The social security number of the provider is required for reimbursement.**

4. Camps.

Summer Day-camp: Yes, to the extent attributable to care of dependent regardless of whether the program includes instruction for sports or other extracurricular activities. The primary purpose of the expense for summer day-camp should be custodial in nature and not educational.

Over-Night camp: Since the Dependent Care plan was designed to assist in care while parents are at work, over-night camps are **NOT COVERED** under this plan.

- **5.** Custodial or elder care expense. Only if (a) such expenses are not attributable to medical services; and (b) the qualifying individual (other than a dependent under age 13) still spends at least eight hours each day in the employee's household.
- **6. Food expenses.** No, if charged separately from dependent care expense. May be eligible if inseparably part of dependent care charge. In other words, if the food is included in the price of the dependent care, then It can be covered if the cost of the food is separate from the cost of the dependent care, then it will not be covered under this plan.



How Am I Reimbursed for Dependent Care Expenses?

As with the Healthcare plan, reimbursements are performed based on service, and NOT PAYMENT. In other words, a plan may not reimburse a claim in August for the participant's advance payment of a child care center's bill for care to be provided in September. Although the participant paid the child care bill in August, the expense is not "incurred" until the services (child care) are actually provided. The plan may not reimburse the participant for the expense until October, after all of the September services have been provided.

Good News Regarding Payment*

With Sheakley's new Dependent Care claim form, the monthly expense can be broken down on a weekly basis, this means that if you paid \$500.00 for the month of August, with the new claim form, you can break it up into weekly amounts so that at the end of each week, a portion of your claim is substantiated and if there are funds in your account, you will be reimbursed. Please be sure you use the most up-to-date claim form.

HEALTH CARE WORKSHEET



This worksheet will help you estimate your family's annual expenses for the new Plan Year. Please remember to deduct what your insurance will pay on each item. Not all covered expenses are listed: this is a list of some of the most common expenses submitted. If you are not sure if an expense is eligible, please contact Customer Service via email at 125@sheakley.com.

Medical Expenses	Current year's ex	penses	Estimate for no	ext year
Deductible	\$		\$	
Co-payments: Office	\$		\$	
Prescriptions	\$		\$	
*Over-the-counter items	\$		\$	
(*For medical treatment only)				
Chiropractors	\$		\$	
Hospital Care	\$		\$	
Physical Therapy	\$		\$	
Routine Physical	\$		\$	
Well Baby Care	\$		\$	
Psychiatric Care	\$		\$	
Other	\$		\$	
Vision Expenses				
Eye Glasses	\$		\$	
Eye Exams	\$		\$	
Contact Lens	\$		\$	
Lasik/Vision Correction	\$		\$	
Dental Expenses				
Dental Exams	\$		\$	
Extractions	\$		\$	
Fillings	\$		\$	
Crowns	\$		\$	
Bridges	\$		\$	
Orthodontics	\$		\$	
X-rays	\$		\$	
Other	\$		\$	
Total Estimated Expenses	\$			
Number of paychecks in the plan year				
Divide to show per paycheck pre-tax deduction: \$				

Check your numbers carefully and remember to be conservative. <u>Any funds left in the account are forfeited.</u> Only estimate expenses you know you or your dependents will have completed.



DEPENDENT CARE WORKSHEET

This worksheet will help you estimate your family's annual expenses for the new Plan Year. If you are not sure if an expense is eligible, please contact Customer Service via email at 125@sheakley.com.

1.	Day Care Expenses	\$	/week x 52 weeks =	\$
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2. Estimated time away from the day care or sitter (vacations or holidays)

3. Subtotal #1 minus #2 = \$______

Does your child start school this year? If so calculate only the full months that he/she is not in school and partial daycare for the remainder of the Plan Year.

4. Estimated change in Expenses (day care Increases or decreases In the amount)

5. Estimated Yearly Day Care Total #3 plus/minus #4 = \$_____

Divided by number of paycheck dates = \$_____

REMEMBER TO BE CONSERVATIVE: any funds left in this account will be forfeited.



Flexible Spending Eligibility Requirements

In order to maintain plan compliance, please ensure any employee that wishes to enroll in the FSA plan has met the eligibility requirements below.

These requirements are taken from the company's FSA plan document which was established when you signed up with Sheakley and updated when requested.

*If you would like to change/update the current eligibility requirements, please feel free to contact me.

1. Not eligible if participant is under ____ years old.

Not eligible if participant works less than ____ hours per week.
 Not eligible if participant has been employed less than ____ months of service.

*Once the above eligibility has been met, then the employee is eligible to enter the plan _____.

To view or obtain a current copy of your plan document please log onto the myrsc website or contact me directly.

As always, please feel free to notify me with any questions you may have.



SHEAKLEY FLEXIBLE BENEFITS DIVISION

ENROLLMENT FORM

SECTION 1: Participant Data Please legibly complete the following inf		r account.				
Employee Name (First/Last)					Social	Security #
Home Address		(City		State	Zip Code
Hire Date	Birth Date Er		En	Email Address		
Employer City of Torrance			(Division, If applicable)			
SECTION 2: Elections Enter the amount you wish to contribute per pay by the number of paychecks for t				_	_	
Plan Year:	Per Pay Contribution	# of Paychecks Rema	aining	Annual Ele	ection	Effective Paycheck Date
Health Care Reimbursement (Annual Limit \$2,500.00)	\$	#		\$		
Dependent Care Reimbursement (Annual Limit \$5,000.00 per household or \$2,500.00 if married filing separate)	\$	#		\$		
SECTION 4: Plan Information Please read the following information reg declination line. If you wish to enroll into	arding this enrollment.		_	ate in the Flexi	ble Bene	fit Accounts, sign the
I wish to participate and deposit to the I changed unless I have a qualified life ev coverage period. I further understand the in which I am allowed to submit claims. I cannot continue to incur additional exp Healthcare Reimbursement Account, I m must complete and sign a claim form and outlined in the Summary Plan Description In addition, I understand that if I have a	the Flexible Benefit Plan Flexible Spending Accou- tent as outlined by the IR at the IRS requires a forf I understand that upon te- tenses; I may only submit- tay be able to elect COBE I attach all necessary docu- n available to me from my Health Savings Account	nt, sign the participation nt (FSA) as shown abo RS. I understand that a feiture of any remaining rmination of my covera claims for services pery RA to continue my cove umentation for myself of employer. (HSA), it is my respons	ove. I will claim ge (due formed rage. or my dibility i	understand thatims must be for more in my account to a qualified of the prior to my term order to recollependents. I ut to review the Fittins.	t my elec s services int, as of life even mination eive reim nderstan	ction may not be terminated or provided (not paid) during my the last day of the grace period tor termination of employment) a date. Upon termination of my bursement from this account, I d the plan provisions have been information to make sure that I
am able to participate in both the HSA a submit dental and vision expenses toward		ullows for participation	in both	h a FSA and a	HSA pla	ın, I understand that I can only
PARTICIPATION SIGNATURE:			DATE:			
WAIVER: At this time I wish to wai						
DECLINATION SIGNATURE:						DATE:
						<u> </u>
All Enrollment forms must be submit	tted to your HR Depar	rtment for processin	g.			
EMPLOYER SIGNATURE:					D	ATE:



To: <u>City of Torrance</u> Flexible Benefits Participants

Below are instructions to log into the new online Flexible Benefits Plan account inquiry. This new online feature is a password protected web site, where you can keep up with various benefit news, including your year-to-date claims and payments. To log in to *my*RSC for the first time, follow the steps below:

- 1. Go to http://www.sheakley.com/participant-centerr.asp.
- 2. Click on MyRSC Login.
- 3. Click on Register.
- 4. Enter your SSN (no dashes or spaces) in the Login ID field and click CONTINUE.
- 5. Enter _25950569_ in the Employer Code field.
- 6. Enter a login ID of your choice that is at least 6 but not more than 100 characters in length.

 Note: Since Social Security Numbers are no longer used as the login ID, the login ID you create may not be 9 characters in length.
- 7. Select an existing e-mail address or enter a new one to be used to e-mail forgotten passwords.
- 8. Enter a secret question or use a predefined secret question to prompt your memory of your password.
- 9. Enter the answer to the secret question.
- 10. Click SUBMIT.
- 11. Click the continue link.
- 12. Enter a password in the Password field.
- 13. Re-enter the password in the Confirm Password field.
- 14. You are now logged into myRSC.

If you have any questions, please call our Customer Service Department at 800-877-6630.



EMPLOYEE PERSONAL DATA CHANGE FORM

Please complete and sign this form. Give to your Human Resources Department who will forward to Sheakley via fax to (513) 326-4661.

	<u> </u>
Employee Name Social	Security #
	/ /
Company Name	Effective Date of change
<u>CHANGE IN NAME</u>	
Old Name New	Name
CHANGE IN ADDRESS	
New Street Address/P.O. Box	New City
New State & Zip Code	_
SIGNATURE REQUIRED	
Signature	